

# PROMOTIONAL EVALUATION



6th Gup to 5th Gup  
Green Belt to Blue Stripe

Test Date: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone: \_\_\_\_\_ Belt Size: \_\_\_\_\_  
Test Fee: \_\_\_\_\_ Paid: Yes \_\_\_ No \_\_\_ Monthly Dues Paid: Yes \_\_\_ No \_\_\_

In consideration that there may be a risk involved at the test, I hereby release the President, Master Instructor, Instructors, Members, and authorized guest from all responsibilities and all claims for injuries I may receive while taking this test. I agree that the testing fee is not refundable under any circumstances.

Any Physical Problems: \_\_\_\_\_

Student Signature \_\_\_\_\_

Parent / Guardian Signature \_\_\_\_\_

Patterns (Tul) Power \_\_\_\_\_ Stance \_\_\_\_\_ Technique \_\_\_\_\_

Won-Hyo

Kicks (Chagi)

Right Leg

Left Leg

Twimyo-Dollyo-Chagi  
jump turning kick

Bandae-Goro-Chagi  
reverse hook kick

Bandae-Twimyo-Dwitcha-Jirugi  
reverse jump back kick

Bituro-Chagi  
twist kick - low section

Yaksok Matsoki

Break (Wiryok Sibum)

( ) Ibo -- two step sparring  
3 to 5 sets hand / foot attacks

1. \_\_\_\_\_ Hand Technique, 1 board (adult only)
2. \_\_\_\_\_ a) jump turning kick, 1 board  
\_\_\_\_\_ b) jump high kick, 1 board

Self-Defense

- ( ) Single choke from front  
( ) Double choke from front  
( ) Single choke from rear  
( ) Double choke from rear  
( ) 1 throw against a forefist punch from walking stance  
( ) 1 throw against a side front snap kick from L-stance  
( ) 1 throw against a straight fingertip thrust from walking stance

Appearance ( ) Uniform ( ) Belt ( ) Patches ( ) Other

Verbal ( )

Sparring (Jayoo Matsoki)

- ( ) Guard  
( ) Movement  
( ) Combinations

Pass \_\_\_\_\_

Probation \_\_\_\_\_

New Rank \_\_\_\_\_

Instructor \_\_\_\_\_ Examiner \_\_\_\_\_